

# HOME CARE TREATMENT OF DIARRHOEA AND VOMITING

## PET CARE SHEET

1. Do not give any food for 24 hours you may offer your pet small amounts of water every hour provided it is not vomited back. Glucose (1 dessert spoonful per pint) or glucose saline oral solution eg Ion Aid or Lectade may be given with the water.
2. After 24 hours feed a light diet divided into 4 small meals daily for about 4-5 days. We advise Hills Canine and Feline I/D diets – these are specially formulated and contain all the nutrition necessary for recovery. An alternative is 1/3<sup>rd</sup> boiled chicken and 2/3<sup>rd</sup> boiled rice or pasta or brown bread.

### FEED ONLY THE LIGHT DIET AND WATER DURING THIS PERIOD

3. Reintroduce your pet's normal diet over about 7 days by gradually mixing increased amounts of the normal diet into the light diet. (Keeping the total amount fed the same).

Contact the surgery if:

1. Your pet becomes depressed and ill.
2. Vomiting is increasing in frequency or occurs more than 4 times in 24 hours.
3. Vomiting or diarrhoea persists for more than 3 days.

### Causes of Diarrhoea/Vomiting

Gastroenteritis – usually associated with a change of diet, scavenging or infection. Sometimes related to organ disease e.g. kidney/liver disease or parasites (worms).

Maldigestion – usually a cause of longer-term diarrhoea – related to disease of the intestine, liver or pancreas, all organs vital to the process of digestion

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